



**Nga Waihua o Paerangi Trust**  
Ngati Rangi Community Health Centre  
36A Burns Street  
OHAKUNE

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**Well Child**  
**Tamariki Ora**

## Our Team

**From left:**

Tina Wallace - *Tamariki Ora Nurse*

Wendy-Lee Tapa - *Pou Whirinaki*  
(Manager)

Katherine Herewini – *Kaiawhina*

**Nga Waihua O**  
**Paerangi Trust**

## Our Service

Our Tamariki Ora Service is provided by our Tamariki Ora Nurse and Kaiawhina, who primarily provide Well Child Checks, assessments of Tamariki and well-being, and information relating to health issues and health care services to whanau from birth to 5 years.

Our service is aimed at keeping tamariki well, growing to their fullest potential and to contribute to the reduction in health inequalities.

All information collected about whanau and Tamariki during the course of this service will be kept confidential to the extent permitted by law. Whanau will be identified in our service records. Information that identifies whanau will not be released outside of the service without the whanau permission.

## Well Child Tamariki Ora Programme

The Well Child Tamariki Ora Program is a package of free health services available for all New Zealand children from birth to before they start school.

This includes:

### **Health and development assessments**

Behavior vision, hearing, oral health and immunisations.

### **Family/Whanau care and Support**

Help with breastfeeding, safe sleep advise, smokefree support and connecting your whanau with community services.

### **Health education**

Helping you understand the different stages of your child's development.

*For more information about our service please feel free to contact one of our friendly team*

**Tina**            **0272928159**  
**Katherine**   **0274758347**

## B4 School Checks

The B4 School Check is a free health and development check for your four-year-old. This is completed by your GP (family doctor) and a Registered Nurse. It's the last Well Child Tamariki Ora check and helps give your child the best start at school. Remember to take your child's *My Health Book* with you to their appointment.

